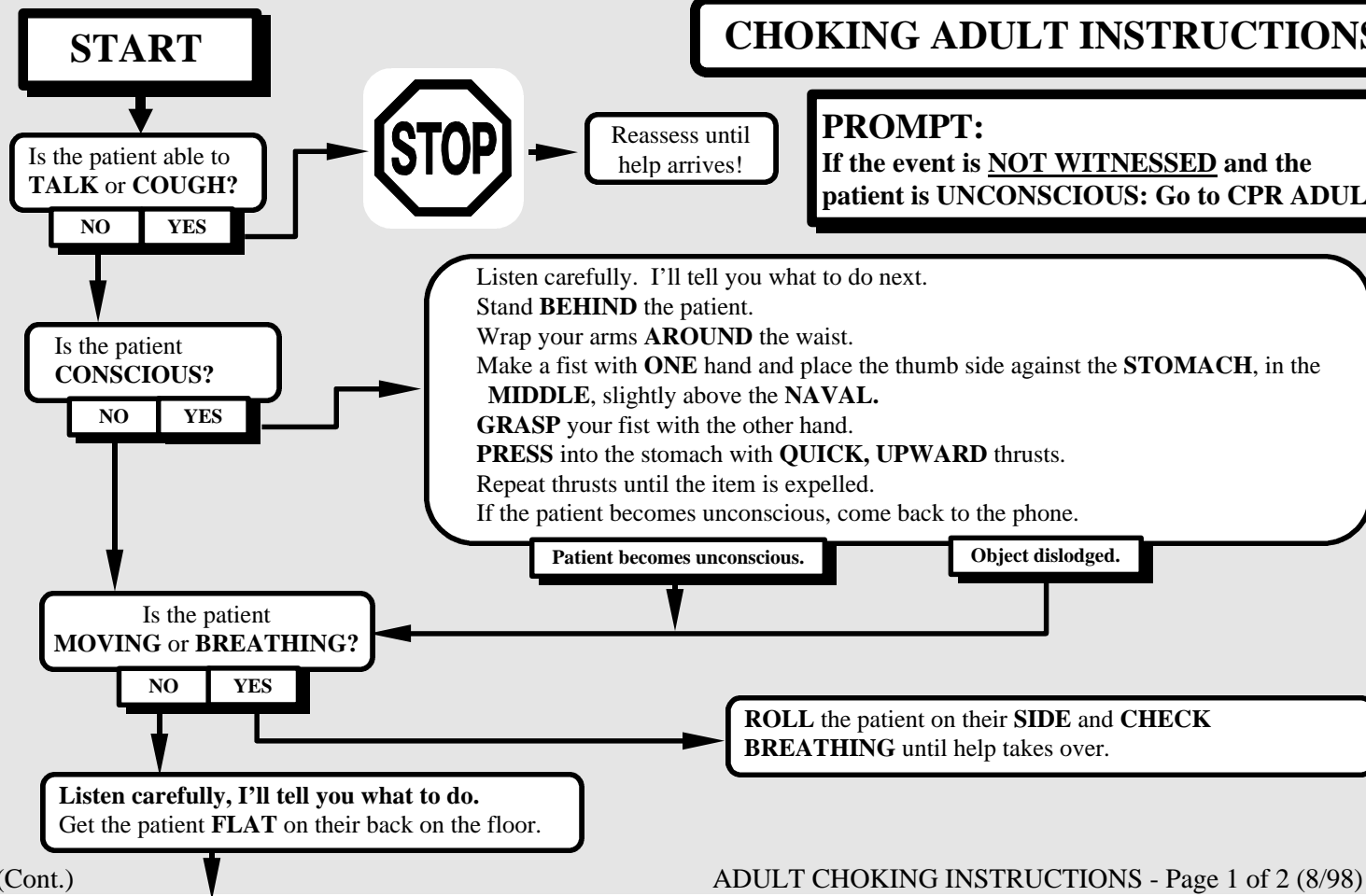


CHOKING ADULT INSTRUCTIONS

PROMPT:

If the event is NOT WITNESSED and the patient is **UNCONSCIOUS**: Go to CPR ADULT.



(Cont.)

(Resume)

PINCH the nose **SHUT**. With your **OTHER** hand, **LIFT** the **CHIN** so the head **BENDS BACK**.
COMPLETELY COVER their mouth with your mouth.
GIVE TWO SLOW BREATHS OF AIR into the patients **LUNGS**--just like you're blowing up a big balloon.
Watch to see if the **CHEST GENTLY RISES**.

Did the **CHEST RISE**?

NO YES

Is the patient
MOVING or **BREATHING**?

NO YES

ROLL the patient on their
SIDE and **CHECK**
BREATHING until help
takes over.

Repeat sequence **one more**
time then proceed.

GO TO ADULT CPR INSTRUCTIONS

CPR ENTRY POINT

BARE the chest and **STRADDLE THE THIGHS**.

Place the **HEEL** of your hand against the stomach, in the **MIDDLE**, slightly above the **NAVAL**.

Place the second hand directly on **TOP** of the first hand. **PRESS** into the stomach with **QUICK, UPWARD THRUSTS**.

Do five of these thrusts, then come back to the phone, if I am not here, stay on the line.

Lift the **CHIN** so the **HEAD TILTS BACK**.
OPEN THE MOUTH. If you see something, try to
sweep it out. **DON'T** push the object backwards.

Is the patient moving or breathing normally now?

NO YES

ROLL the patient on their **SIDE** and **CHECK**
BREATHING until help
takes over.